THE VISION STILL HAS TIME

The vision still has its time presses on to fulfillment, and will not disappoint; if it delays, wait for it, it will surely come, it will not be late.

—Habakkuk 2:2-3

Living our faith in a time of chaos

REFLECTIONS BY MARK O'CONNOR FMS



A VISION OF **PRAYER**

Keep your soul to yourself. Soul is a possession worth paying for, they're growing rarer.
Learn from monks, they have secrets worth knowing.

—Daniel Berrigan

Monk Manifesto Meditation (8 Principles for being a 'Monk' in the World): https://vimeo.com/76842041

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Visit <u>AbbeyoftheArts.com</u> for more information on becoming a 'monk' in the world.

Monks and indeed all of the contemplatives amongst us, do have 'secrets' worth knowing. Indeed, we're very privileged to have special people of great 'soul' present in our church today. They are a constant reminder to us of the importance of the 'health' of our souls.

As people of constant prayer, contemplatives are a living sign of how much our God loves us and wants our love in return—especially in our faithful prayer.

Prayer, however for all people of 'soul', is not some magical or dutiful routine we 'endure'. Rather as Kathleen Norris wrote: "Prayer is not asking for what you think you want, but asking to be changed in ways you can't imagine."

A Melbourne Jesuit, the late Herbie Wilkins, said something similar when he once noted wryly to me many years ago: that "Prayer is not an easy way of getting what you want; but a difficult way of becoming who you should be!"

Recently Christine Valters Paintner (a Benedictine oblate) published *The Monk Manifesto*. This is a public expression of a commitment to live a compassionate, contemplative, and creative life. I recommend it for your reflection. It shows us how we all, in one sense, can be 'monks'.

These principles emerged out of her own inner journey of living the Benedictine way and her journey of teaching about various strands of Christian monasticism (including Benedictine, Celtic, and desert traditions). Her articulation of how to lead a contemplative way of life is beautifully captured in the video.

These days we are living through a 'winter' season of the Catholic Church in Australia. Darkness and grief have been especially close to some of us.

As we enter, hopefully, into a new season of Springtime for our church, perhaps this is a good time for listening again to our souls. *The Monk Manifesto* is one little tool which may help.

Monks teach us that a healthy soul is centred outside itself; it looks at itself and sees God. The soul is thankful to God for who it is; it seeks God's forgiveness for who it hasn't yet become; and it knows that its mission, its meaning in life, comes from God.

Yes, monks do have 'secrets' worth knowing.



PONDER THE WORD OF GOD

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. Simon and his companions went to look for him, and when they found him, they exclaimed: "Everyone is looking for you!" Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." So he travelled throughout Galilee, preaching in their synagogues and driving out demons.

—Mark 1:35-39

REFLECT

- Recall your own 'God' experiences. What stands out for you in that memory? Can you recapture that feeling of pure innocence and ponder it for a while?
- Take some time each day to let go and just rest in the joyous mystery of faith... for a minute or two just let go and let God be with you.
- Jesus went in search of nourishment for his inner life as he prayed in a solitary place. Where do you search for and find nourishment for your inner life? If so, is it enough? Where else might you seek support on your faith journey?

PRAY TOGETHER

Jesus, you sometimes left so that people could face themselves. May we face our selves in prayer, in the wilderness and the world, and recognize the 'demons' that drive us, so that they do not always take control of our lives. Amen.

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