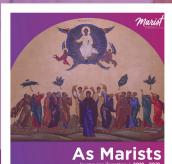
## As Marists Journeying Together | 2019 - 2021

A resource for personal or group use to break open the 'As Marists' document and open ourselves to the work of the Spirit.

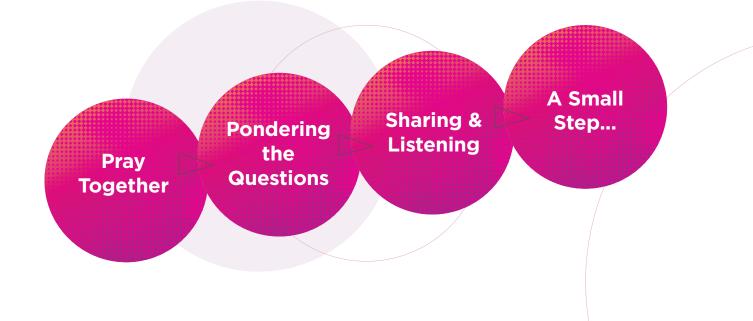


## Our Spiritual Family Guiding Principles 7, 8 & 9



## The Process

In any one session, you are invited to pray, reflect, share and listen, and potentially discern some actions to take - with any of the Guiding Principles in this set.





## Pray Together

You are invited to pray together with the prayer below, or you may wish to use the Marist Prayer App, some scripture, or reflect on the events of the day in silence.

Lord, You have called us to be Your daughters and sons in this, our Marist Spiritual Family.

May we follow in the footsteps of Mary and Marcellin,

drawing ever closer in unity of purpose, mutual support and love –

as we continue our Marist journey together.

Amen

## **Our Spiritual Family**

Guiding



## As Marists...

we nurture relationships with the global Marist family and the wider Catholic Church.

## Pondering the Question

### For personal reflection:

What do you appreciate most about being part of the global Marist family?

## For group discernment:

Are there dimensions of global Marist life that we could nurture relationships with?

As an Association how do we, or how can we, engage with the wider Catholic Church?

Allow 5-10 minutes to sit silently with the questions.

Jot down some of the things that are surfacing in your mind and heart.

## **Our Spiritual Family**

1 

Guiding



## As Marists...

we embrace our shared responsibility for promoting the vitality of our Association and its mission.

## Pondering the Question

### For personal reflection:

What do you find life-giving about being part of our Marist family?

### For group discernment:

How can we share and promote vitality within our wider community?

Allow 5-10 minutes to sit silently with the questions.

Jot down some of the things that are surfacing in your mind and heart.



## **Our Spiritual Family**



## As Marists...

we develop ways of strengthening our spiritual family, creating opportunities for people to experience a sense of belonging and commitment.

## Pondering the Question

### For personal reflection:

What strengthens your experience of belonging to a spiritual family?

### For group discernment:

How can we be creative in developing opportunities for belonging and commitment?

What would further strengthen our spiritual family?

Allow 5-10 minutes to sit silently with the questions.

Jot down some of the things that are surfacing in your mind and heart.



# Sharing & Listening

#### Share your insights

Take it in turns to share your reflections with the group.

#### Share your responses

Having listened to others, what is resonating with you? What is arising in you now?

# A Small Step...

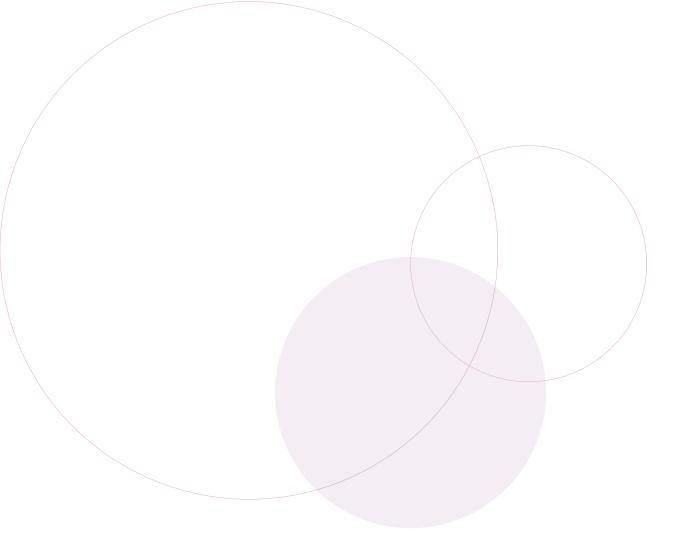
### **Quiet Contemplation**

Take a few minutes of silence to contemplate the suggestions and insights from the 'Sharing and Listening' process.

### What is Emerging?

After group discussion, what ideas might the group wish to take forward? Are there further actions that the group wishes to take?

What is the Next Step? How might the group best implement these ideas?





#### Administration Office

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Let's get connected **#wemarists** 

https://www.instagram.com/ wemarists



