

Marist Minute

2 April 2024



But seriously, to whom do we go for advice when we need to make an important decision and are unsure of the best way forward? Usually, we fall into the trap of asking just about anyone who knows just about nothing about just about anything, what they think we should do. This is a mistake of colossal proportion. Not because they don't love us or have our best interests at heart but because we are forgetting that God has given us this voice within; the calm, gentle, yet firm voice of conscience.

We won't regret it when we listen to our conscience to help us decide what to do. If we do have regrets (and we all do) perhaps it's because we didn't listen to our conscience. Why? Maybe because it is all just too hard and requires too much effort. Maybe we just get lazy. The good news is that the closer we listen to that calm, gentle, yet firm voice, the stronger it gets and the more authentic our lives will be. God speaks to us in many ways – including through the Living Word and God's Holy Spirit – but it is God's voice we hear through our conscience, and it is God's gift to us. It's that 'still small voice' spoken by God to Elijah in 1 Kings 19:12.

So, 'who are you going to call' next time you have a decision to make? Ghostbusters or God? Hmm.



Journal Questions:

When was the last time you stopped to listen to that 'still small voice' of God?

