Called to mystical Attentiveness



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Enhancing a sense of Marist identity in individual members

For me ongoing learning and Marist formation is fundamentally about becoming in tune with the divine from within (mysticism). Honouring the currents and being alert for, and open to, movements of love. With a clear focus of being attentive to oneself and having an awareness of our inner truth.

It is often through the profoundness of story we as humans make sense of the world. In 2014 I encountered "El Camino" in the North-West of Spain. El Camino offers the perfect landscape in which to dedicate contemplation, complemented by the footsteps along the well-trodden path of St. James. The road offers very little to hide behind, forcing one to reflect on our mission in life. I developed ten lessons from this experience with faith, place and people. Lesson No. 10 best connects to this priority: The outer landscape can mould and influence but we realise The Kingdom from what lies within you. Listen carefully to yourself. Be open to the wonders of your inner truth, gradually learning how to live so as to awaken this rhythm from within.

Through the power of our faith we become conduits for the inspiration and wisdom of God to enter the world. As Christians we are called to be open to the possibility of the Kingdom, to resonate from a deep internal position of love, for all humanity. As Marists we are called to ultimately be people of communion. We have a responsibility to act from our centre and be compelled to share this sacred voice with the most in need. We become the conduits for this power and wisdom to enter the world, of the other.

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